

# Diocese of Orlando Office of Catholic Schools

### **COVID-19 Parent Reference Guide**

HEALTHY NO SYMPTOMS

Proceed to school



### CLOSE CONTACT WITH SOMEONE WITH COVID-19 NO SYMPTOMS

Close contact Is defined as being within 6 feet of someone positive for COVID-19 for 15 minutes

**Cannot go to school** 



 Stay home for 14 days since last contact with person positive for COVID-19

## SYMPTOMATIC for COVID-19 NO DIAGNOSIS

(exhibiting at least one Covid-19 symptom)

The most common symptoms of COVID-19 include: a fever of 100.4 or above, chills, body aches, headache, sore throat, congestion, nausea, vomiting, diarrhea, shortness of breath, difficulty breathing, new cough and new loss of taste or smell.

### Cannot go to school



- If confirmed positive for COVID-19, follow section
   Positive for Covid-19 (Asymptomatic or Symptomatic)
- If confirmed negative for COVID-19 test, return to school when fever free for 24 hours without the use of fever reducing medicine. A medical doctor's note or negative test result is required to return to school.
- If confirmed diagnosis other than COVID-19 (e.g. stomach virus, ear infection, sinus infection) follow normal school illness policies to return to school. A medical doctor's note is required to return to school.

POSITIVE FOR COVID-19 (Asymptomatic or Symptomatic)

Cannot go to school



#### **ASYMPTOMATIC**

 Stay home for 10 days since first positive COVID-19 test so long as symptoms do not develop. A medical doctor's note is required to return to school.

### **SYMPTOMATIC**

 Stay home for 10 days since first symptoms appeared, remain home until fever free for 24 hours without the use of fever reducing medication AND symptoms have improved. A medical doctor's note is required to return to school.